

Ted E Bear Hollow Run
 Saturday August 28, 2010
 Omaha, NE

AWARD LIST FOR 10K RACE

***** FEMALE OVERALL RESULTS FOR 10K RACE *****

1	374	Shawna Young	40	Omaha	NE	44:30	7:10
2	381	Kim Moore	42	Treynor	IA	46:32	7:30
3	353	Kim Schwab	37	Omaha	NE	47:02	7:34

***** MALE OVERALL RESULTS FOR 10K RACE *****

1	205	Matt Pohren	26	Omaha	NE	34:16	5:31
2	206	Bart Wilkins	41	Elkhorn	NE	36:45	5:55
3	495	Andrew Palmblade	23	Omaha	NE	36:45	5:55

***** FEMALE MASTERS OVERALL RESULTS *****

Place	Bib	Name	Ag	City	Sta	Time	Pace
=====	=====	=====	==	=====	===	=====	=====
1	328	Jennifer Meis	40	Bennington	NE	47:26	7:38
2	262	Mary Byrd	45	Omaha	NE	48:24	7:48
3	223	Mo M Andrews	45	Omaha	NE	48:31	7:49

***** MALE MASTERS OVERALL RESULTS *****

Place	Bib	Name	Ag	City	Sta	Time	Pace
=====	=====	=====	==	=====	===	=====	=====
1	399	Tim Francis	49	Rock Port	MO	38:24	6:11
2	290	Dan Fucinaro	43	Ralston	NE	39:33	6:22
3	360	Steve Thull	48	Omaha	NE	41:37	6:42

FEMALE AGE 0 - 19

FEMALE AGE 20 - 24

1	Chrissy Plutschack	21	Omaha	NE	51:50	8:21
2	Ashlie Franz	23	Omaha	NE	53:42	8:39
3	Nicole Eggerts	21	Council Bluffs	IA	56:38	9:07

FEMALE AGE 25 - 29

1	Carlene Taylor	27	Ralston	NE	48:02	7:44
2	Rachel Yeutter	26	Council Bluffs	IA	48:17	7:47
3	Amy Cherko	27	Omaha	NE	51:48	8:21

FEMALE AGE 30 - 34

1	Wendy Brennan	31	Omaha	NE	52:39	8:29
2	Kara Di-Lorenzo	32	Omaha	NE	53:00	8:32
3	Jill Evers	33	Carter Lake	IA	54:09	8:43

FEMALE AGE 35 - 39

1	Shyamali Vithanage	39	Council Bluffs	IA	48:20	7:47
2	Dawn Melcher	37	Elkhorn	NE	49:32	7:59
3	Mandy Embury	35	Omaha	NE	50:40	8:10

FEMALE AGE 40 - 44

1	Sheila Cole	40 Omaha	NE	51:32	8:18
2	Colleen Furjanic	40 Waterloo	NE	51:44	8:20
3	Kelly Franck	43 Omaha	NE	54:51	8:50

FEMALE AGE 45 - 49

1	Pam McCarville	48 Valley	NE	51:45	8:20
2	Sonya Reynolds	48 Council Bluffs	IA	53:01	8:32
3	Ann Elsbury	47 Omaha	NE	1:01:33	9:55

FEMALE AGE 50 - 54

1	Victoria Lodes	54 Bellevue	NE	49:48	8:01
2	Nancy Barna	51 Omaha	NE	52:47	8:30
3	Kristine Oleson	52 Omaha	NE	1:00:53	9:48

FEMALE AGE 55 - 59

1	Mary Razor	56 Omaha	NE	55:15	8:54
2	Sheri Downey	56 Lincoln	NE	59:45	9:37
3	Pat Cole	55 Plattsmouth	NE	1:06:54	10:46

FEMALE AGE 60 - 69

FEMALE AGE 70 - 99

MALE AGE 0 - 19

1	Ryan Carlson	12 Omaha	NE	49:56	8:03
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MALE AGE 20 - 24

1	Tyler Byrd	20 Omaha	NE	45:22	7:19
2	Evan Freyermuth	21 Omaha	NE	50:29	8:08
3	Ross Boettcher	24 Omaha	NE	53:28	8:37

MALE AGE 25 - 29

1	Nathan Erickson	29 Omaha	NE	39:28	6:21
2	Craig Carlson	29 Omaha	NE	41:05	6:37
3	Hayden Byrd	27 Omaha	NE	48:28	7:48

MALE AGE 30 - 34

1	Ben Schultz	30 Omaha	NE	36:55	5:57
2	Joshua Darr	31 Omaha	NE	39:57	6:26
3	Mark Blair	32 Omaha	NE	42:21	6:49

MALE AGE 35 - 39

1	Robert Palmesano	36 Omaha	NE	41:32	6:42
2	Scott Reichardt	38 Omaha	NE	42:18	6:49
3	John Schaub	36 Las Vegas	NV	44:15	7:08

MALE AGE 40 - 44

1	Dennis Mahin	41 Omaha	NE	41:40	6:43
2	John Petersson	41 Bennington	NE	44:39	7:12
3	Sean Lynch	42 Omaha	NE	48:31	7:49

MALE AGE 45 - 49

1 Bryce Thull	49 Omaha	NE	43:46	7:03
2 Ivan Pavkoric	48 Omaha	NE	45:56	7:24
3 John Keenan	45 Bellevue	NE	46:35	7:30

MALE AGE 50 - 54

1 Larry Jones	50 Lincoln	NE	41:55	6:45
2 Gary George	50 Omaha	NE	44:33	7:11
3 Doug Brudny	51 Valley	NE	49:19	7:57

MALE AGE 55 - 59

1 Mark Jones	56 Omaha	NE	42:21	6:49
2 Rob Cubrich	56 Omaha	NE	43:28	7:00
3 Joe Ivey	55 Bellevue	NE	46:29	7:29

MALE AGE 60 - 69

1 Tom Nelson	64 Steamboat Springs	CO	45:31	7:20
2 Robert Bogar	68 Honey Creek	IA	47:18	7:37

MALE AGE 70 - 99